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Observations in Midwifery with special reference to the use of the Forceps.

No subject in the sphere of Midwifery has
given occasion for such discussion and el-
icitd more divergence of opinion than the
question of the employment of the Forceps.
Men whose ability and experience entitles
them to be considered authorities and to
whose judgment it would be reasonable
to look, differ widely in their opinions when
and under what circumstances the accoucheur
is justified in using this instrument to
assist and supplement the efforts of nature.
That the invention of the Forceps has proved
a blessing to humanity is admitted with-
out doubt and none appreciate it more
than those who have been relieved from dan-
ger and whose sufferings have been dimin-
ished or mitigated by their proper and
timely application. Notwithstanding the dis-

curious that have taken place in medical
writing and in the professional journals
the difference of opinion appears to be as
decided as ever - "great however lot of specu-
lation" and after careful consideration of these
reports the bewildered practitioner is com-
pelled to rely upon his individual judg-
ment and the treatment of each case
must be dependent upon the phenomena
which may occur.

In glancing over some statistics of this
wisely practice (in private practice) in
the County, and in the London Hospitals
as well as in the city it is surprising
to note the different ratios of forceps cases.
In the celebrated Rotunda Hospital in Dub-
lin there is a similar difference under a
different management. For example during
the magistracy of Dr Collins from 1826-33
the proportion of forceps cases to the total
number of confinements amounted to 1 in

60% under the management of Dr Johnson the proportion was 1 in 104 i.e. from 1868 to 1875. You compare two of the London Maternity Hospitals such as St. George's Hospital, and the Royal Maternity, the ratio of Forceps cases in the former amounted to 1 in 192 in the latter to 1 in 109. In the general practice of Dr Dunn in the out-patient's the proportion of Forceps cases averaged 1 in 202 among the well nourished and respectable class in the same city in 1250 cases attended by Dr Cooper Ross he used the forceps nine times or in the proportion of one in 140 cases while in the rural district of Shetford Dr Bailey employed the instrument in 112 out of 642 cases i.e. in the proportion of 1 in rather more than 57. In the practice of one surgeon a change of opinion is more often to be noted by a reference to the statistics of his cases published for London in the course of his profession

for 35 years attended alone 2203 cases
using the forceps in 1 in 66. In post-natal
life he had 1020 in which the ratio in-
creased to 1 in 9. Another gentleman states
that he used the forceps 10 times in his
first thousand cases 48 times in his
second thousand and 80 times in his
third thousand cases. Dr Malins of Bir-
mingham in a discussion on this subject
at a meeting of the Obstetrical Society of
London related that in a report of 806
cases attended before 1840 he had used
the forceps once in 25 cases while in the
past five years the ratio increased to
1 in 5.

To a critical and impartial observer,
if not to the public, some explanation is
necessary for such differences in the use
and of a scientific expression. While science
is exact the art of midwifery must be
relative to the patient and the accoucheur.

Doctors differ in theory as well as in practice and the symptoms and circumstances of every individual case must be considered; regard being paid not only to the safety of the mother but also of the child. No pressure or other engagements or personal inconveniences can be urged as an excuse for the improper acceleration of a case of labour.

It is fortunate for the credit of the profession that the ratio of still born children and the maternal mortality after natural and instrumental deliveries do not show a corresponding difference. In the language of Dr. Barnes "the forceps is not simply an operation of necessity but is pre-eminently an operation of election." In many instances the state of the mother indicates no cause for anxiety while there is reason to doubt the propriety of delaying when the application of the forceps would probably have saved the life of the child.

In several works upon the practice of mid-
 wifery and elsewhere have been made to de-
 duce rules for the guidance of accoucheurs
 in the proper employment of the Forceps.
 A distinction is drawn between what are
 called the high and low operations ac-
 cording as the head of the child is above
 the brim of the pelvis, or within its cavity.
 For this distinction we are indebted to
 Dr. Macdintock of Dublin. The high opera-
 tion which is sometimes subdivided ac-
 cording as the head is above, or at the
 brim, is usually a difficult operation,
 owing to the early stage of the labor and
 the unperfect expansion of the os. The low
 operation is comparatively easy and is
 evidently the operation to which Boissau-
 ler, Osborne and Denman have reference
 in their recommendations. According to
 Denman's law we are enjoined to wait
 until the head has rested six hours on the

performed before our interference, and no case was seen in which an illogical one for the force unless the ear of the child could be distinctly felt.

Generally speaking it may be said that the forceps are to be employed in cases of tedious or lingering labour, but the causes of tedious labour are variable and the results are not always disappointing even though the first stage has lasted from 24 to 48 hours; so that it is difficult to define accurately when the border line between normal and lingering labour is to be drawn. There is a coincidence of opinion between Churchill and Denman that there is no danger to the apparatus for mother or child in the first stage of labour, no matter how tedious it may be, unless in cases of haemorrhage or convulsions according to Denman. Impeded by such views one must have good reasons for the delay in the high operation, at all events before the

complete dilatation of the os; and yet it is undoubted that lingering labour does occur under such circumstances, whether due to subjective causes, as paralysis, or disordered action of the uterus or to objective causes as the child being dead.

In the early part of my practice I was often at a loss to distinguish between true and what one erroneously called false pains. I failed to derive a satisfactory test from information given in any text book to which I resorted. Several times I have spent hours, days, & even nights, in attendance on a patient who considered she was at the full time of gestation, and had regular pains, and yet the symptoms have diminished and gradually disappeared and the birth has not occurred for a subsequent period of one, two, three, or four weeks. The result of attention to, and observation of, these

cases enabled me to note the following peculiarities or conditions existing when such abnormal uterine pains occurred.

1. this situation: viz, low down in the front of the abdomen - accompanied by a desire to urinate frequently - with sickness and flatulences.
2. on examination the vaginal canal was not moist or lubricated, and in some cases the cervix was not wholly expanded.
3. what I considered a pathognomonic feature during a pain, while the patient depressed the uterus and its contents, no distension or protrusion of the membranes was felt by the finger introduced into the os, or cervix as the case may be.

Supposing however that the "Pains" are true in what circumstances or at what time should the Soreaps be employed? This is the question vexata.

In a short and general experience extent

ing over a period of ten years during four
of which I attended the University. I have
been called to attend 446 cases of labour.
In 12 of these cases I was present when
my father last occasion to use the For-
ceps. During the last ^{four and a half} years I have
personally attended 336 consecutive cases
in 45 of which I considered it my duty
to terminate the labour by the use of the
Forceps. Some authorities may consider this
to be meddling. Midwifery and I have often
asked myself the question what would have
been the result had I left the case to na-
ture - on the other hand I have regretted
in some cases that I had delayed the
operation so long. In every case I have
been guided by observations made at the
bedside, and habitually noted for future
reference, which I have found useful train-
ing in the charge of a practice, where one is
frequently far from assistance, and is

forced to rely on his own judgment and resources.

In analyzing these cases which have been terminated by the use of the Forceps I have been induced to interfere with the progress of the labour by the following circumstances.

I Where the liquor amnii has been discharged and the presenting part has been arrested for a period of more than two hours.

In a normal case of brachycephaly it is a common occurrence for the pains to cease and labour to be arrested for a considerable time. The patient may even fall into a tranquil sleep, which may continue for two or three hours, the pains returning with increased severity and the progress of the labour being rapidly brisked up by this circumstance an inexperienced attendant may leave the case to find the birth accomplished before he can be in attendance. The arrest of the labour, ceteris paribus, where the membranes remain intact is not

usually injurious to the life of the mother & child. The case is different when the liquor amnii has escaped with or without the subsequent complete dilatation of the os. The vaginal canal becomes hot and dry and the ineffectual efforts of the mother to whom her pains render her irritable and despondent while the life of the child is endangered in proportion to the duration of the arrestment of the labour. Should the head advance until it rests on the perineum and remains there it seems to me that two hours (I have even seen one hour stated) is the limit of time to delay if the birth of a living child is an essential consideration. It is not within the scope of the present essay to enumerate the causes by which the progress of the labour is impeded. They may be physiological or physical-whatever the cause I have reason to presume that the mortality in infants would be less were

the efforts of the mother, when the Labour has arrived at this stage resisted by the use of the instruments. The following case is instructive on this point.

M. L. primipara sent for me on the evening of October 11th. I learned that although she had not menstruated since last Sunday she had not considered herself pregnant.

On examination the head presented. The liquor amnii had escaped previous to my being summoned. After waiting for some time, the pains being weak, little or no progress was made although her position in bed was changed and she was also encouraged to walk about the room. At 12 the progress was still unsatisfactory, although the os was dilated, and I was inclined to recommend the use of the Forceps, but being counselled to delay, I left the patient and did not see her again till about nine in the morning, when I found some progress had been made.

and the caput succedaneum could be recognised. During my absence in the country the labour was completed by my father by means of the forceps, in the forenoon of the same day, but unfortunately the child was still born.

In primiparæ where the pelvis is narrow, and the perineum tending to rigidity, complete dilatation usually occurs about two hours. If this is delayed longer, it is advisable, particularly in patients who are about, or above thirty years of age, to use the forceps. If cautiously employed, and plenty of time allowed, little traction may be necessary to overcome the rigidity, and no harm then may be caused.

This rule does not refer to those cases in which the liquor amnii has been discharged at the commencement of labour or in other words precedes the pains by an indefinite period even after the lapse of two days.

This frequently occurs in Puerperae and is of serious import. In the case of puerperae one would expect the case to be serious on account of the labour being considered "dry". The presenting part must be within the pelvic canal and the os sufficiently dilated to permit the introduction of the forceps. Next, it must also be ascertained whether the pains continue or not. There is little difficulty in applying the forceps under such conditions and if traction is made regularly, simulating as much as possible the normal pains, no laceration of the perineum may result.

The skull being dead is a frequent cause of the labour being arrested, and when one is certain of this fact, much time and anxiety may be saved by the use of the Forceps. The absence of the caput succedaneum, the coldness of the scalp, the thinness of its skin, and the tumefaction of the cranium.

bones which from the nature, may be useful
 in guiding us to a proper decision as to
 the vitality of the child in conjunction
 with the testimony of the patient and the
 absence of foetal pulsation. Besides the
 risk to the life of the child the onset of
 labour is not without danger to the health
 of the mother. The vagina becomes dry, and
 inflamed, and when the pressure is long
 continued sloughing may take place and
 may be productive of septicæmia by absorption
 of the decaying organisms. It has been said
 that vaginal fistula occurs more frequently
 after tedious & natural than after instru-
 mental confinements. Laceration of the per-
 ineum is another result of tedious labour
 the presenting part being expelled through
 the attenuated & rigid tissues which
 form its floor, in some cases the laceration
 not affecting the vulva - but the use of
 the forceps in time this might have been prevented.

II When by examination or experience of former labours we diagnose some contraction of the pelvic canal.

In our remarks under the I rule it is presumed that the pelvic canal is round i.e. not contracted in any diameter. In a country district it is not anticipated that many cases occur where there is contraction of any of the diameters of the pelvis experience however does not verify this expectation. There is no reason to suppose from the appearance of the patient that there is any deformity excepting it may be a contraction of the antero-posterior diameter due to the projection of the sacrum the result of that very common constitutional affection, Rickets. In some cases the liquor amnii is discharged before the head is engaged, or shortly after it enters the b.i.v., and although the pains are severe the progress is very slow and the dilatation of the os very tedious. When the

head is situated in the pelvic cavity, the finger may be introduced into the os and swept around that part of the ^{uterus} ~~uterus~~ which is called the parturient ring without any advance being recognized. On directing our attention to the condition of the os it is disheartening to find no dilatation taking place, owing it seems to me to the pressure of the head on the dilated cervix or lower segment of the uterus arresting the transmission of the expulsive force from the fundus and body of the uterus. In short the head is impacted and a tedious labour may be predicted, pregnant with danger to mother and child. Once arrived at this decision it would be folly to delay even until two hours had elapsed since progress had been noted. The pains are usually severe and most irritable in character and as we are ignorant of the difficulties yet to be overcome, no time should

be lost in interfering. Ergot in such a case is dangerous to prescribe and delay may produce rupture of the uterus in some, in all it may cause inflammation and doughing of the vaginal canal.

The introduction of the Forceps under such conditions is often a matter of much difficulty; especially if the os is imperfectly dilated, in addition to the impaction of the head. I have had considerable trouble and have spent much time before I could adjust the upper blade, and, as a rule, it has to be gently but firmly insinuated between the head and the pelvis. Once locked considerably, as a general rule, be necessary to move the head, but when progress is verified it gives confidence & encouragement to the operator. In one exceptionally severe case which, I am bound now to confess shall have been a case for Craniotomy, I employed traction regularly, with the assistance of Dr. Shaker and the husband conjointly, for a

period of one and three - quarters hours before the labour was completed. Being in the emergency and occurring at night no specialist was employed. The child was dead, and the mother exhausted by the violent efforts to extract the child, but she recovered satisfactorily, with the exception of some loughing of the vagina occurring, with subsequent oedema of the leg.

In cases of contracted pelvis there are two other alternatives than the forceps or Craniotomy and Cerebro. I have never had occasion to perform either operation although it may be urged in the case last quoted, each should have been the proper treatment. In an experience extending over more than half a century I never heard my father refer to either or record a case of Craniotomy, and I know he had not a perforator in his possession. By some professional men such an operation is considered barbarous and

of late a decided reaction against the use of the perforator has arisen. Dr. Lister Smith hopes to see the day when it shall be banished. The evidence of Dr. Wilson in a speech which he made at a meeting of the Obstetrical Society of London is also unfavourable to the advocacy of Craniotomy. He says that he once saw a case of Craniotomy during a pillage of six years in a district with from 4 to 500 midwifery cases in the year, and that while in Edinburgh for four years during part of which time he was interned at the lying in Hospital, he never saw a case - also in a practice of 9 or ten years since then he remarked a case. In the two cases in which version was performed the child was still born, and the operation was chosen on account of the difficulty in adjusting the forceps, the head being above the brim. When the head is impacted and the Reg. Amnion has been discharged for some time Version is not an easy operation.

Of the 45 patients delivered by the Forceps,
 five have required the operation on two, and
 two on three occasions. The history of one case is
 very instructive and shows the benefit that is some-
 times derived from the timely application of the
 instruments. Mrs D. S. C. for me in the after-
 noon of April 29 1880. Having six miles to drive
 I did not reach her house till after six. On exami-
 nation I found the os pubis very high, and
 turned to sacrum. I could feel the membrane
 during a pain and they were ruptured shortly
 after seven o'clock, but the head remained at the
 brim and the presentation could not be recognized.
 The pains continued frequent and severe, and
 the head descended slowly evidently in the
 Left Oblique Diameter. As she had been relieved
 on the previous occasion by the Forceps I
 thought I should now be able to apply them.
 The lower blade was easily introduced, & after
 great perseverance managed to extract the
 upper in spite of the woman resisting. After

traction during two pains, the head evidently
 passed the contraction at the time, as the cavity
 of the pelvis appeared like a room, and the woman
 was able to complete the delivery by the
 guidance of the forceps. The umbilical cord was
 four times round the neck of the child and only
 two coils were disengaged at the birth. Its ap-
 pearance life was gone but the heart still beat
 and after using artificial respiration and
 friction with warmth for about seventy minutes
 the child revived a little. The skull took well
 of pressure afterwards but ultimately became shrunken
 and healthy. The patient's history of the three
 times is as follows

First Confinement	three days in labour	Child dead
Second	"	no medical assistance - Child dead
Third	"	Forceps late in labour Child dead
Fourth	"	early in labour Child living
Fifth	"	"

In more than one case the head appeared
 to be arrested by an approximation of the tubes

either of the ischia, or an undue rigidity of the sacro-sciatic ligaments, but here the arrest is not very obstinate to overcome. When the head of the child is large, the mother a primipara, and about or above thirty years of age, a difficult labor may be anticipated although from the configuration of the mother no contraction of the pelvis may be supposed to exist. Should either parent have a large head the difficulty resulting from rigidity or diminished elasticity of the tissues becomes greater. Of the 80 cases completed by the use of the Forceps 26 were primiparae 10 of whom were about or above thirty years of age.

III In cases of Prolonged Conclusions when it is advisable in the interest of the mother that the birth of the child should be accelerated.

Of all the accidents which occur in Midwifery, Conclusions is one of the most

alarming and is probably only secondary
 to haemorrhage. These may occur at any period
 of gestation, any time in the course of labour,
 or during childbed. The causes of such are
 either physical i.e. due to pressure on any
 hyper-sensitive maternal structure; or chemical
 produced by some alteration in proportion, or
 change in the constituent parts of the blood.
 As a rule there are precursory symptoms,
 which, if recognised, may enable the physician
 by appropriate treatment and regimen to
 mitigate the spasms or even abort them.
 Should the usual remedies fail to accomplish
 our intention or desire, it may be necessary to
 induce labour in cases where there is much
 swelling of the abdomen and lower limbs.

The convulsion is ushered in by dimness
 or imperfection of sight with sneezing - then
 there is fixation of the eyes, with elongation
 of the neck, and tension of the skin of the
 face, causing dilatation of the mouth & eyes.

the wrists become flexed, with the fingers and thumbs turned in - the body begins to shake, the lips and eyelids to quiver, and general convulsions of the whole frame ensue. In the latter part of the fit, the features inattend, the face becomes livid and the breathing stertorous. Three cases of convulsions have occurred since I commenced the practice of midwifery, one of which was the most painful I ever attended and the details of which I shall now submit.

On June 19, 1848, I was sent for to see Mrs. B. *primipara* aetate 28, but I could not visit her till the following day, when I learned she was seven months pregnant, and that she had got very stout two or three weeks previous to her coming to Longs. Vomiting commenced on the 16th June and was very severe on the 19th, with headache & vertigo. On examination I found the feet big and abdomen oedematous the enlargements of the

latter extending as high as the iliohypogastric
 artery causing one to suspect she was more
 than seven months pregnant. The left leg was
 particularly swollen and the lower calf had
 been puffy. Little urine had been passed and
 there was some toxæmia - pulse 84 - tongue
 foul, countenance intelligent and trustful. I
 was struck by the contour of the abdomen in its
 upper part - it seemed to enlarge abruptly
 with an angle at each side - not symmetri-
 cally rounded as is usual. About the umbili-
 cus on either side I felt the thrill of the fetal
 heart unusually distinctly conveyed to the hand.
 The abdomen felt soft on pressure and she had
 dyspnoea on exertion. I gave her a digitalis
 mixture and recommended her visit to go home
 as she intended to go to Pringley on the 22^d.
 I was called to see her at 4 a.m. on the 22^d
 as she had taken a fit. I learned from her hus-
 band she had had intense headache the night
 before and had been very restless. The bowels had

been moved twice and she had vomited about
half a basinful of frothy greenish fluid but had
passed no urine. When I arrived she was semi-
conscious but did not know where she was - she
was under the impression she had fainting and
had been sleeping. One drachm of Rochelle Salts
was presented every half hour until one ounce
had been given. Shortly before 7 she had an-
other fit and vomited. An injection of Castor
Oil and Turpentine moved the bowels freely. As
I was giving the injection she had another con-
vulsion. After recovering from this she became
very restless and could with difficulty be kept
in bed. Fifteen grains of Chloral were administered
and three hours elapsed before she had an
other attack. She regained partial consciousness
and wished repeatedly to rise and make water but
could not pass any. One ounce was obtained
on passing the catheter which on boiling be-
came white and turbid. At ten-forty and
12 o'clock she had other attacks which I be-

lined were controlled or modified by admin-
 istering Chloroform whenever turning in of the
 wrists or increase of the snowing was noticed.
 During my absence for an hour she had other
 two attacks and as the features assumed a death
 like greenish appearance in the later stage and
 on examination I was able to dilate the cervix as
 far as the internal os. I resolved to induce labour.
 I introduced a gum elastic catheter into the uterus,
 and, when the os was dilated, ruptured the mem-
 branes in the afternoon. Whilst she was in a
 somnolent state and the os insufficiently dilated
 and as the convulsions continued, I sought the ad-
 vice of my father who bled her from the arm to
 about eight ounces. This caused the os slightly
 to relax and with difficulty I was able to intro-
 duce the lower blade of the forceps which caused
 such haemorrhage that I considered it prudent
 to withdraw it. Version was attempted but the
 foot could not be secured. After one or two other
 attempts followed by a gush of blood on each

occasion, the forceps were adjusted and traction made. The head advanced, but, before being extracted from the Vagina, to our intense chagrin, the neck gave way, as did also the arm which was afterwards brought down. During all this time there had been free haemorrhage. An attempt was again made to turn and as the patient continued to take convulsions and her strength was greatly diminished Dr. H. was called in & recommended another attempt at version. I found the abdomen of the child turned to the front and distended like a drum - beyond this I caught the foot but could not turn on account of the muscular spasm of the uterus and the patient died exhausted in a short time. The convulsions in the latter stage were wholly unaffected or modified by any remedy employed and thus terminated the most melancholy case I ever attended. On reflection I had rather the induction of labour being unsuccessful - although under the circumstances justifiable.

In nervous or hysterical women if the head of the child rests for some time on the perineum which may be in a hyper-sensitive state especially if dry and rigid and the patient very young the occurrence of convulsions is not at all rare and may call for the immediate application of the forceps.

[illegible]

IV. In cases of rigid os without the occurrence of sickness and vomiting; and the patient is ex-
hausted.

The condition of the os and cervix is the most important guide in forming a prognosis in a case of labour; yet it is a remarkable fact that many students are licensed to practice who have never diagnosed the os. It is unjust to conclude that they have been negligent in their duties - the fault consists in the want of time and opportunity for attending cases while studying at the University.

The lips of the os may be thick, hard, and granular in some patients - in others thin and moist as paper. At the commencement of labour the os may be turned towards the sacrum, and detected with difficulty by the finger - or situated so high as to be out of reach. In primiparas the dilatation of the os usually occupies some hours but I have attended two cases in which the duration of labour was

much shorter than I anticipated. The mother
 was cousins, and as the os was only dilated
 to the size of a florin I thought it safe enough
 to leave the case for a little - the result being
 the birth of the child during my absence. One
 circumstance peculiar to each case was noted, viz.
 though the os was so small the pains were severe
 and occurred frequently i.e. every three minutes.
 Rigidity of the os frequently occurs when the
 membranes have ruptured prematurely and in
 primiparae patients above twenty five years
 of age. The pains are teasing and inefficient,
 the vagina becomes dry, and both the mother
 irritable. Marked relaxation of the os occurs after
 sickness and especially after vomiting. Should
 they be absent the uterus with its contents may
 descend but the os may remain undilated,
 even in some instances when prolapsed and
 outside the vulva. I have often during the
 pains introduced my finger into the os and
 swept it round the inside with the in-

tion of stretching it, often without any be-
 neficial effect. Emetics, venesection, Baths,
 and other remedies recommended I have had
 no experience of. The administration of alcohol
 in any form seems to me to be contra indi-
 cated by the increased temperature of the
 vagina and I have sometimes acquired the germ
 by its too severe. burned and worried, the
 strength of the mother diminishes, the accouchement
 is disordered and the result to the child
 may be disastrous. If Ergot has been given
 in such a case the unfortunate condition
 is aggravated by the unnecessary pain which
 is produced without any corresponding bene-
 fit, and I have often noticed the face & lips
 of the child when the head is born, to be ex-
 quetely & livid consequently I have adapted
 the rule of applying the forceps after a delay
 of half an hour after Ergot has been adminis-
 tered provided under such circumstances
 no progress has been detected. On certain

occasions I have had reason to believe that the death of the child was due to the toxic effect of this drug in a tedious case of labour.

Should two hours elapse without further dilatation of the os (when Ergot has not been prescribed) I believe it is not rash practice to use the forceps when it is possible to introduce ^{them} without any risk of rupturing the cervix or lacerating parts of the womb which corresponds to it. Once locked, traction forcibly dilates the os - possibly there may be a little fissure in the os produced which if neglected, cause much trouble in after life - giving rise to pain in the left iliac region accompanied by more or less Leucorrhoeal discharge. Some authorities in cases of protracted labour due to rigidity of the os recommend an incision to be made in the cervix. I believe the employment of Barnes' bags might be useful in such cases but as they are often not at hand the forceps are more frequently applied.

Dr. Koper mentions a case in which the midwife had given Ergot seventeen hours after the discharge of the liquor amnii with the result of greatly intensifying the pains while the labour was not completed until two and a half hours had elapsed ^{after the first}. The child was dead and to all appearance death had occurred only a short time previous.

In cases of rigidity of the os I have found it preferable not to relax the force of extraction entirely after the pain has ceased so it is the continuous traction which overcomes the muscular contraction of the lips of the os. This method was adapted in the following case.

Mrs. S. primipara sent for me at 6 a.m. on the 4th Sept. 1898. On examination I could introduce my finger into the cervix but the internal os was not dilated. The liquor amnii had escaped the previous night. After waiting for two or three hours as the pains were but

jugments and inefficient. I left, I called in the
 afternoon but little progress had been made.
 During the next day the advance was very slow
 and another night passed without relief.
 Next morning I was sent for about 6 a.m., the
 pains were still inefficient and the mother an-
 xious to be relieved. The os was about the size
 of a crown piece, the head presented in the center
 there being no overlapping of the bones of the
 cranium. The pains were unable to dilate
 the os, and after waiting, I determined to
 apply the forceps. Some difficulty was experi-
 enced in introducing and adjusting the
 blades and considerable effort was required
 to overcome the rigidity. In the latter stage
 of extraction the mother was able to render
 some assistance. The child gave one or two
 convulsive movements of extension of the body
 but could not be resuscitated.

I have regretted in one or two instances
 when the pains were not sufficiently severe

when the os was about the size of a flower
resembling the membrane with the view of ex-
pediting the labour. The os to my surprise
instead of dilating has contracted and
become rigid and eventually I had to use
the Forceps.

V. In abnormal presentations.

The practice of Midwifery is frequently of such
a routine character that there is a prevalent
idea it might be undertaken by less educated
persons whose time and services are not
so valuable as those of a professional man.
It is allured, with great reason, that the time
of the Doctor is often wasted and his energy
dissipated in attending cases of labour which
might have been delegated to the care of a mid-
wife. There is much truth in this. Parturition
is not a disease, it is a natural act, and
the recollection of this should fortify the young
accoucheur when sympathizing for the suffering,
the eyes of the patient, and apprehension of

the possible results of the labour shake and
 undermine his courage. Cases do occur
 however - fortunately not often usually not
 singly where the presence of the doctor is
 indispensable to a living mother or living
 child especially when the presentation is not
 normal. This is realized by the patient and
 her friends and no question is more frequently
 addressed to the doctor during the progress of
 labour than this, Is the child coming all right?
 To diagnose this at first is almost impossible
 but it is a matter of great consequence that
 it should be recognized at any early stage
 One of the most common abnormal presenta-
 tions is when the face presents towards the
 pubis. I have attended seventeen cases of
 this kind in 446 labours thirteen of which
 were terminated by the use of the forceps. In the
 other four cases the state of the parturient came
 all and the vigorous character of the pains en-
 abled the mother to dispense with any mechanical

oil resistance. Of course the progress was very slow, and the pains more irritating than in normal cases according to the testimony of the mother, if not a primipara. It is not always easy matter to determine in some cases the position of the head although the text books indicate clearly what should guide us in our diagnosis. There are several phenomena associated with this abnormal position of the head which I have ^{found} useful in concluding that one has such a case to deal with.

1. The pains are not intermittent, they never cease absolutely, and ^{are} more irritating & cutting in their character perhaps owing to the pressure of the forehead on the pubis in most cases complained of in front.

2. The most dependent part of the presentation is situated anteriorly - is similar in conformation to the lower membranes in an ordinary case and is arrested usually for some time on the inner side of the pubis acting as a pivot.

while the head rotates more slowly on its transverse axis, since the forehead is not so well adapted as the occiput for sweeping under the arch of the pubis.

3 If in doubt, and the forceps have been applied - when traction is made the posterior wall of the vagina bulges in front so as almost to occlude the passage.

Having resolved to intervene, the introduction of the forceps is usually an easy matter if we suppose the head to be in the cavity of the pelvis. I have never employed them to rectify the abnormal position on account of the fallibility of any diagnosis made.

(6) In four cases the funis presented one being a premature conformation. In two the child was born alive.

The presentation of the cord may not be recognized in the early periods of labour and until the hope of saving the life of the child is slender. It may not pulsate or the pulsation may not,

if the quantity of liquor amnii be great, and the
 presenting part not easily made out, be detected
 until the membranes are ruptured. It is important
 in every case to satisfy oneself that there is no
 prolapse of the cord before the discharge of the li-
 quor amnii. When prolapsed, a choice of two me-
 thods of treatment is possible - to interfere or not
 with the progress of the case. If the membranes are
 still intact, and be so wide, it may be advis-
 able to introduce the hand and turn the child,
 a proceeding which may save the life of the child
 but may produce inflammation of the uterus and
 risk the life of the mother. In one case I adopted
 a different plan - Having diagnosed prolapse of the
 cord by the peculiar dependent sausage like char-
 acter of the membranes I allowed the labour to
 progress without much examination until the os
 was well dilated, and the head low down. I ex-
 plained the state of matters to the patient and
 her husband, informing them of the probable death
 of the child unless I had recourse to the Forceps.

The mother had been relieved by the Forceps on two previous occasions and did not feel alarmed. On the capture of the membranes I placed the cord in the succeding pains so as not to be passed upon by the head in the pelvis. When, during a pain, the pulsations were almost abolished I adjusted the instruments and delivered rapidly the child which was soon resuscitated.

In another difficult case with contracted pelvis I ruptured the membranes before detecting a coil of the cord which did not pulsate and which could not be replaced. Strong efforts were required to extract the head, and when delivery was completed the child seemed to have been dead for some time. I then placed with little dilatation of the os & discharge of the liquor amnii the application of the forceps impossible.

A case is reported in a recent number of the Medical Journal when a loop of the cord slipped as the head was on the perineum and the life of the child was sacrificed - the Forceps not being at the command.

of the accouchée.

(c) Presentations of the pelvis and inferior extremities, being infrequent, occurred in fourteen out of 445 labours. Of these the breech presented seven times, the breech eight once, the feet four times and the knee twice. Nine of the children were still born, one being premature and about the sixth month, another was the subject of hydrocephalus - the remaining three died during the progress of tedious and difficult labours. In two out of the latter cases the pelvis was contracted and in previous confinements the forceps required to be employed; in the third the mother was a primipara. As I could not hook the leg or pass a skewer of wood round it I assisted the effort of the mother by adjusting the forceps on the pelvis of the child without locking the handle. The death of the children occurred before the head entered the pelvic cavity, and was diagnosed by the change in temperature of the presentation.

When the inferior extremity presents, and the head is disproportionate in size, as in a case of Hydr. cephalus, the forceps may be applied after the expulsion of the trunk which is flexed upon the abdomen of the mother. A silk handkerchief or towel tied round ^{the} neck of the child may be pulled by an assistant. In one case the head was as large again as usual and nearly an hour was spent in extracting it. When delivered there was a rent six inches long antero-posteriorly along the vertex. The cranial bones were soft and distracted and on opening the dura mater the base of the skull was covered by a soft jelly-like substance, the only representation of a brain - the fluid had escaped on the collapse of the head.

II In plural births, or in cases where the strength of the mother is insufficient, from weakness or disease, to complete the labour. In the former case this arises from uterine

inertia the result of over distension, there is no obstruction in the maternal parts; what is absent is the vis a tergo. I have at the urgent desire of a patient and after a reasonable delay terminated a labour by means of the Forceps, in the case of a mother who had experienced several natural confinements.

Where the mother has been fatigued by sleeplessness and worn out with tedious pain or where exhaustion has succeeded over exertion and anxiety, the cessation of the uterine contractions may be so prolonged, or our apprehension regarding the effect of delay on the mother may be so great, as to induce us, when the head is well down in the cavity, to interfere and accelerate the delivery.

In patients of a tubercular diathesis this is sometimes justifiable especially where disease has already made some progress. It is remarkable how easily some women of an indolent habit, or even delicate, pass through the

different stages of labour, although the liability
 to haemorrhage after delivery seems in them to
 be greater. In anaemic individuals, or those in
 whom the action of the heart is unequal or
 intermittent, probably the result of rheumatism
 or chronic bronchitis, if the labour is prolonged,
 and pallid or livid condition of the lips, or
 signs of impending faintness, may be indications
 of the limits of prudence in delaying the appli-
 cation of the forceps. In one case of tubercular
 affection to my astonishment the patient became
 pregnant and was confined of twins who are
 still alive and healthy. No undue delay in
 the progress of the labour was permitted being
 instrumental. The mother, after several attacks
 of colliquative diarrhoea, succumbed about
 nine months after being confined never recover-
 ing sufficiently to be much out of bed. In two
 of the cases of twins the forceps were employed
 to expedite the labour, notwithstanding the ro-
 bust condition of the mother. The men intro-

Insertion of the blade of the instrument was
 effectant in stimulating the uterine fibres.

In another case of instrumental delivery
 the patient had not been pregnant for a period
 of seven years from her first confinement and
 the ability to relax herself in the last stage
 seemed to have been forgotten. In another case
 in which Chloroform had been administered in
 two previous labours the same absence of voluntary
 efforts was observed.

The dangers of delay in cases of Midwifery
 have been incidentally alluded to under the
 different divisions. These are—

- 1 Inflammation and sloughing of the vagina.
- 2 Rupture of the uterus, and other accidents
 due to long continued pressure of the head
 on the soft parts, when the liquor amnii has
 escaped prematurely as e.g.
- 3 Pressure of the head on the "perineal ring"
 or lower segment of the uterus with its
 undilated and 4 Absorption of the foetus.

secretions from the inflamed passage.
Should the child be born alive the caput succedaneum may be transformed into a blood tumour, which may afterwards suppurate, burst, and cause the death of the child from exhaustion.

The employment of the forceps is not without risk to the mother and child - in the contrary in unskillful and inexperienced hands much damage may be committed. Rupture of the perineum is one of the most frequent accidents - this may often be prevented by more cautious employment of the instrument. Vesico or Recto vaginal fistula may be produced by neglecting to evacuate the contents of the lower bowel and bladder before operating. Rupture of the Cervix has already been mentioned as a result of the forcible dilatation of a rigid os by the forceps. Metritis occasionally occurs even in the hands of Antiseptic Midwives - from irritation produced by the introduction of a foreign body into the uterus. The injuries, which I have observed, to the child resulting from the use of the forceps in my

own as well as in the practice of others have been

1. Laceration of the scalp
2. Compression, and Fracture of the Skull
3. Convulsions and Asphyxia
4. Exophthalmic condition.

It is remarkable that the mortality in children after instrumental delivery is so small, considering the force sometimes employed in compressing the head before it can be extracted. In the case in which I was consulted, protrusion of one of the eyes with dilatation of the pupil and blindness were the result of instrumental expedition of delivery.

The maternal mortality in the practice of Dr. Dunn was 67 per 100 in that of Dr. Bailey about 28 per 100 in that of Dr. Collins 1 percent in Dr. Harnelbotham's 4 and in Dr. Johnston's practice 2.3 per 100.

Four deaths occurred in 446 labours to which I was called. In two of the three the birth of the child had occurred before my ar-

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rins, a person of experience being in attend-
ance, the midwife who had charge of the first
sent for assistance some days after the birth
during which time there was haemorrhage and
the patient succumbed from the resulting exhaus-
tion. In the second case the patient had puer-
peral fever her confinement was attended by
Léon by a person of intemperate habits who
I suspect had not extracted the whole of the
placenta. Death occurred from coma suc-
cumbent to delirium on the second day. Full
details of the third case in which death re-
sulted have already been given under the
third heading of Uraemic Convulsions with
premature Induction of Labour. The last was a
case of Puerperal Fever occurring in a person
confining for the first time & about thirty years
of age. Labour was tedious and the head pre-
sented occipito posteriorly requiring extraction
by means of the Forceps. This was a matter of
much difficulty. The placenta was adherent

and the uterus in a state of hour glass contraction. My assistant who had confined a patient a few days before was present at the birth and both mother became ill with purpural fever and died. As we had been in attendance on a case of phlegmonous erysipelas for some time previous and my assistant had gone, without knowing the nature of the visit, from a child ill with scarlet fever to his case of confinement the cause of the infection remains uncertain being due to one of the two viz Erysipelas or Scarlet fever. In both cases an erysipelatous blush appeared; in the one on the buttock and thigh in the other there was great pain down the right leg in front with redness and oedema in the lower ankle and part of the leg. The character of the vomited fluid was at first greenish like grass - latterly it was dark. Having taken some precautions to prevent the spread of the infection no other case happened.

The method in which the Instruments are introduced and employed is as follows. Having dipped the Blade in tepid water & tested it on the hand or cheek, that it may cut no too hot, two or three fingers of the left hand, previously dipped in hot water & smeared with any anodyne material are introduced into the Vagina with the palm of the hand towards the abdomen. The instrument is directed along the palm and fingers into the curve of the organ, as depicted or elevated ^{according to the blade of the forceps} and swept round the head & pushed home in the direction of the axis of the pelvis, using a little leverage action in case where there is impaction of the head or contraction of the diameter of the pelvis. Until the instruments are locked no traction is employed, and then only drawing a grain; or should the pains have ceased at regular periods leaving in mind the possibility of the instrument slipping, or the real thing suddenly disengaged in the case of some obstruction, the patient is placed on her left side

across the bed with the pelvis close to the edge
of the bed. Two pillows are placed under the
head. A sheet or counterpane is put in front
of the bed and the reconcheur may don a
towel as an apron. An attendant supports
the woman in bed while another elevates the
right leg in case of undilated vulva. Light
from a candle or lamp is thrown upon the pel-
vis to enable the operator to determine the pro-
gress of the case. If the case is difficult and
and the operator cannot overcome the obstruction,
the resistance of a sensible matron is enlisted
and may also grasp the forceps behind the
hands of the surgeon, or better by tying a towel
to the handles and getting her to pull this con-
siderable force may be attained. If the head
is at the brim or high in the cavity the handle
of the forceps are well directed backwards
towards the anus then gradually downwards
and forward until the head is rotated round
the pubis as an centre. During traction the tip

of the forefinger of the right hand may be kept
 on the presenting part of the child's head, and
 at the end of each pain, the progress made
 may be determined. Bulging of the posterior
 wall of the vagina occurs furiously when
 the labour is tedious and the presentation ab-
 normal. This may be prevented by pushing
 it backward, with the forefinger of the left
 hand of the surgeon or that of an assistant
 before commencing to pull. Various swelling
 occurs in some cases. Protrusion of the anterior
 wall may take place but not to the same
 extent as the posterior; it is then kept in its
 situation by a similar use of the finger.
 The traction ought to be intermittent to al-
 low dilatations of the soft parts and time
 for the uterus to contract on the body of the
 child. If much compression is required during
 the periods of rest the handles of the instrument
 are altered or even unlocked to obviate any
 damage to the scalp. When the head rests on

the perineum unless delay may be dangerous
 to the child the vulva is allowed to dilate,
 especially in primiparae, by two or three fingers,
 and in normal cases the forceps are directed
 forward, and may even be disengaged before
 the birth, to avoid any lacerations of the perineum.
 As soon as the head is born the mother
 is placed in the usual position in bed and,
 after a short rest, if there is no expulsive effort
 the head is turned and the body extracted.
 During the latter the left hand is kept firmly
 applied to the uterus to assist the detachment
 of the placenta. Unless much haemorrhage should
 occur no examination is made for ten minutes,
 and the bandage and abdominal pads are
 not applied until after the lapse of half an
 hour. The pethient and soiled clothes above
 the bed are removed and a folded sheet or blanket
 placed underneath the patient. Any part of
 the chemise soiled is wrapped in a dry towel
 and kept at one side of the bed. The after

treatment is simple. Should an dysentery occur
 be present on entering the Apartment an injection
 is given of lukewarm water with one grain
 of Condy's fluid - and the soiled clothes are removed.
 Castor Oil is given on the third morning
 and beef-tea ordered which assists its operation
 In the evening of that day all the bodily clothing
 and sheet are changed. I apply usually two
 fads the under one being triangular consist
 of a folded diaper - the upper one being square.
 The lower end of the bandage is placed below
 the trochanters which prevents it from slipping
 upwards.

The diet consists of the traditional bread
 soup, tea and unbuttered toast with milk and
 corn flour or arrow root at night until after the
 Castor Oil has done its duty - when beef tea or
 chicken soup is ordered - few eggs or fish and
 minced butcher's meat. In favorable cases the
 patient is allowed on the sixth night to sit
 on the edge of the bed with limbs dependent

and the color of the feet touching the ground, which
method seems to prevent giddiness. Next night
she is permitted to get out of bed and sit for
some time unless there is much vertigo. On
the eighth day she sits up to take tea. Some-
times the mother suffers greatly from after pains
which may be relieved by prescribing an opium
pill at bedtime or by giving some Sweet
Spirits of Nitro and Symp of poppie three
times a day. If troubled with Haemorrhoids
nothing seems to give so much relief as an
ounce of warm starch with forty minims of
Tincture of Opium.

Sugar and water is the baby's first nutriment
and if not early applied to the breast it may
hard milk and water in the proportion of one
to four. If the cord is thicker than usual the
nurse is instructed to examine twice or three
times within two hours after birth to detect any
haemorrhage, which frequently occurs by the
solution of part of the cord and the exor-

quent slackening of the two ligatures.

William Alexander Mackie
M. A., M. B., M. C. &c
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